## THE PULSE

MAGAZIN

Volume 3, Issue 5 October 2021

## THE ALL AMERICAN INSTITUTE OF MEDICAL SCIENCES

Medical Education Par Excellence

## Inside This Issue

This issue of the newsletter features updates across the institution ranging from the Pre-Clinical Sciences to the Clinical Sciences. It also highlights the extracurricular activities hosted by the Student Guild Association and the AAIMS Administration. Enjoy!



## Mission Statement

To coordinate resources necessary to deliver excellent medical education leading to generating physicians that will serve the community, and to form lifelong learners committed to excellence, faith, leadership and service.



#### Vision Statement

To attain an international reputation as an outstanding medical institute distinguished by excellence, leadership, research and innovation in the quality of our teaching, in student learning and achievement, and in engagement with our communities.



# APelcome to the Rulse Magazine!

Dear readers,

his is the fifth issue of the third volume of this monthly magazine. We are happy to announce the transition of the monthly newsletter to a magazine. Indeed, the committee has decided that the category of newsletter no longer fits our monthly publication and it is now time to spread our wings and grow in the right direction. Change is a necessary and integral part of successful growth. Since June 2019, the monthly



publication has played an integral role in providing sufficient coverage of all the academic and non-academic activities held on and off the AAIMS campus.

We continue to document new implementations to the academic program, the increase in student led initiatives across the campus, we welcome our new students and staff members and we encourage both our internal and external stakeholders to greatness. This magazine will remain a positive in demonstrating the overall growth AAIMS has seen in real time.

Ms. Joyeth Brown

AAIMS Clinical/Student Coordinator

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# MD Weekly Quiz & PM Composite Quiz

he MD weekly quiz and the Pre-Med Composite quizzes were implemented based on the foundation of the learning strategies written in the book 'Make it Stick' by Peter Brown. The quizzes are administered as frequent low stake quizzes in which students are given the chance to repeat what they would have learnt in their classes in previous weeks. The quiz questions are repeated so that the concepts learnt will remain fresh in each student's mind. Cramming for an assessment, as studies have shown leads to poor long-term memory/learning. It is also ineffective and very stressful. The key to successful learning is carefully spaced focused quiz-based assessment to practice the retrieval of information. Such practice increases brain connections and strengthens the knowledge. Quiz-based assessments helps to realign and consolidate learning. It helps one to focus on central precepts, identify weaknesses, arrest forgetting and pursue mastery.

Spaced retrieval practice challenges one to remember and forces one to recreate the information. This strengthens brain connections and the learning. Interleaving of related topics helps to better prepare for the real exam. Elaboration involves explaining what you've learned in your own words to yourself or others, relating new material to what you already know and your personal life, developing visual models, mnemonics, and large summary sheets help you figure out and build additional connections/associations. Generation involves trying to solve problems before being exposed to solutions, reading before class, experiential learning, wrestling with course content on your own before going over it in class, flipped/reversed classroom concepts, etc. and finally, reflection involves asking yourself questions about what has been done, how to do it better, what you know and don't know, and general thinking about your thinking.





started at AAIMS in January of 2021. Previously, I attended the People's Friendship University of Russia (PFUR) and transitioning to a much smaller institution has been an interesting experience. I first learned of AAIMS in mid-2020 as I was searching for a place to continue my studies after deciding not to return to Russia for personal reasons. I must admit that I did find it strange that I had never heard of the institution prior.

However, once I arrived and spoke to Mr Miller and he showed such an interest in me enrolling I started to feel right at home. After my transfer was complete and I moved unto the

campus I was a little surprised at first to realise that the few Jamaican students that I had seen dotting the grounds were in fact the full extent of the native student body. However, this made little difference to me and in fact was somewhat familiar as I had just come from an institution where my countrymates and I were the minority. Over the past year I have felt welcomed by the Indian student body just as much as the Jamaican. I have taken my time at AAIMS as another opportunity to interact with others outside of my own culture. I have been fortunate enough to be able to learn about and experience a perspective that most others will only hear about first hand. And for that I am quite grateful.

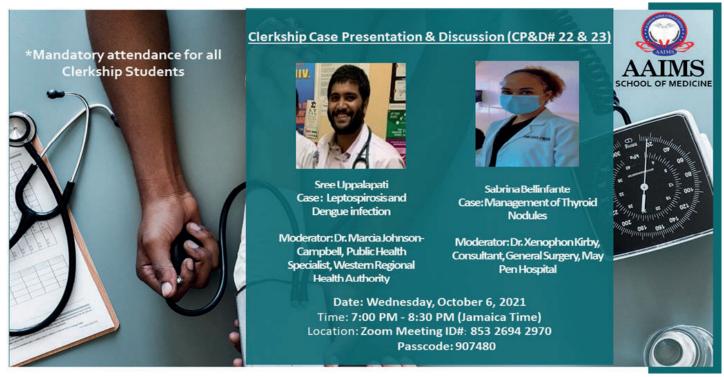
Once I began attending my classes and interacting with the academic faculty I was pleased to find them highly knowledgeable, pleasant and willing to go the extra mile for us to learn. It was also quite a happy coincidence that the newly implemented "flipped learning" teaching style mirrored the scholastic strategy of my previous intuition. I therefore found it relatively easy to adapt and

soon found myself fully engaged with the curriculum despite the significant differences.

Life on the Black River campus has been a pleasant experience. This is in no small part to the kitchen and ancillary staff. As a medical student, especially one that had to study in a foreign language, I am no stranger to the fact that the more mundane tasks off life can be forgotten under the stress of studies. So, I was pleasantly surprised that between the scrumptious meals served daily, the laundry service and having my room cleaned weekly I could unburden myself of some of the chores that I was accustomed to completing myself, thereby leaving me more time for my academics. After almost a year at AAIMS I do feel that my time has been exceedingly well spent and I do feel that I am in an excellent position to continue my clinical education with the tools with which I have been equipped. When the time comes for me to leave I will certainly miss my campus life but I am sure I will forever hold my time here as some of my fondest memories.

# Clerkship Presentation & Discussion (CP&D #22 & 23)

The following Clerkship Case Presentation & Discussion (CP&D #22&23) was held on Wednesday, October 6, 2021 at 7:00 PM. Interesting cases were presented by the AAIMS Clerkship students Sree Uppalapati and Sabrina Bellinfante.



Case: Leptospirosis and Dengue Infection by Sree Uppalapati

Moderator: Dr. Marcia Johnson-Campbell, Public Health Specialist, Western Regional Health Authority

Case: Management of Thyroid Nodules by Sabrina Bellinfante

Moderator: Dr. Xenophon Kirby, Consultant, General Surgery, May Pen Hospital

#### AAIMS' President Review of Clerkship Case Presentation & Discussion #22 & 23

The quality of the presentations last night is just IMPRESSIVE. They were moderated by VERY experienced faculty; these presentations are incredible educational tools for all our students and must be used to their fullest benefit. Very few medical schools in the Caribbean have this kind of incredibly high-quality educational opportunity.

Credit goes to enthusiastic & hard-working students and dedicated clinical faculty led by Dr. Thomas. I am looking forward to more of these high-quality presentations.

Best regards, Dr. Pothula, AAIMS President

# Clerkship Presentation & Discussion (CP&D #24 & 25)

The following Clerkship Case Presentation & Discussion (CP&D #24&25) was held on Wednesday, October 27, 2021 at 7:00 PM. Interesting cases were presented by the AAIMS Clerkship students Glenese Smith and Nivin Koshy.



Case: Wound Myiasis focusing on the Management by Glenese Smith

Moderator: Dr. Xenophon Kirby, Consultant, General Surgery

Case: Bipolar Disorder Type 1 focusing on the DSM-5 Criteria with Clinical Features and Management

by Nivin Koshy

Moderator: Dr. Roger Roberts, Consultant, Psychiatry

Attendance is mandatory for all Clerkship Students.



## CLERKSHIP STOCK PHOTOS





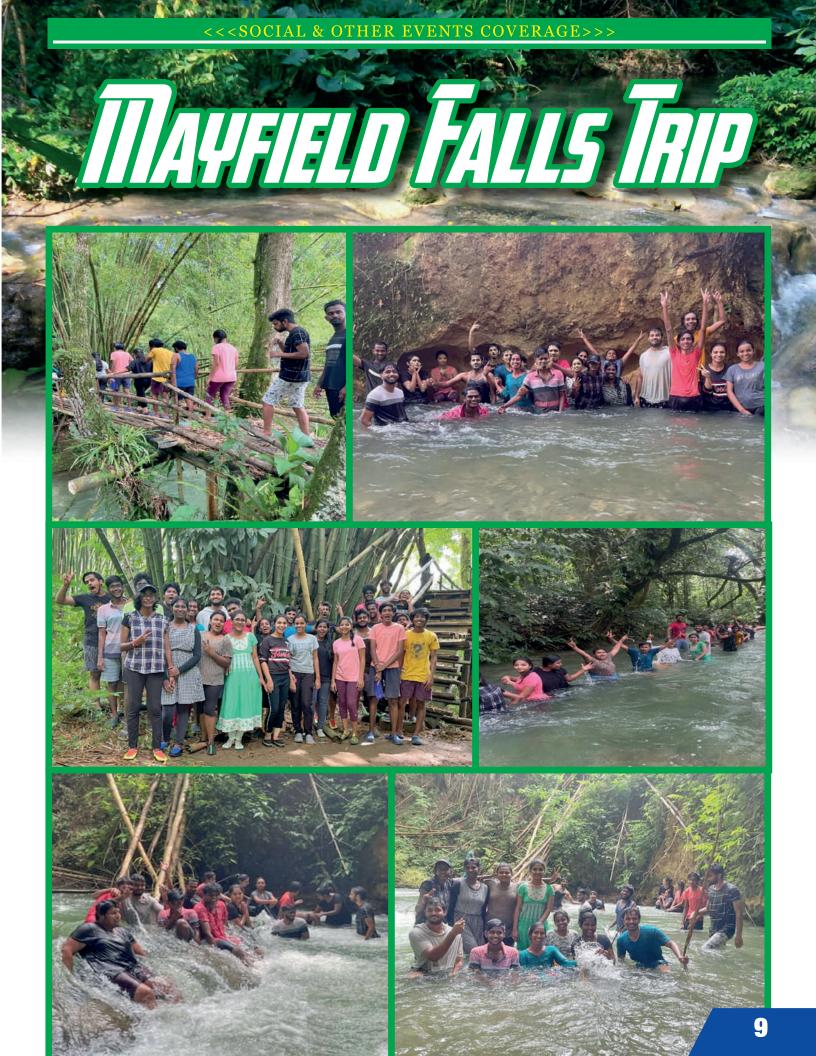








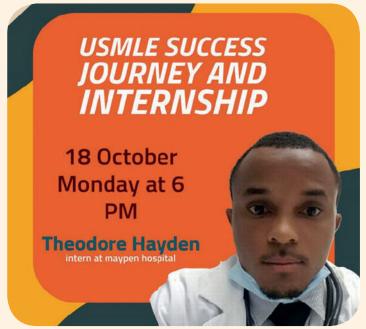




# USMLE Success Story Theodore Hayden

he SGA conducted an online webinar on the topic 'USMLE Success Journey' which covered Theodore Hayden's journey of being an intern at May Pen Hospital. It was held on the 18th of October, 2021. The webinar was presented by Theodore Hayden, a student of AAIMS who is currently an intern at May Pen Hospital. The webinar was attended by the AAIMS students from all cohorts (Pre-med, Basic Sciences and clerkship students). After a warm welcome given to him by the students, Theodore shared his experience of passing USMLE step 1. He shared his preparatory pattern and the duration he took to successfully pass USMLE Step 1. He mentioned using Kaplan, First Aid, U world and the Lecturio Q-bank as practice materials during his review time. He shared certain tips to prepare for the exam. Among them was to do more recall questions closer to the day of the examination.

Also, he strongly suggested to the students to know their weak areas and to make sure students work on that area for better results. He mentioned, that a lot of effort has to be put in to studying and students must spend at least six (6) hours per day studying. When approaching U world, he stated that "it should be a 40-question block including all systems but not a focused single system in timed mode". He further stated that, "students should avoid changing answers which they are confident about. In this way students can get used to the exam tricks and pattern." Group study is an efficient way in which we can help each other to prepare and improve ourselves. Frequent breaks are necessary to refresh ourselves. Constant practice is needed to be mentally prepared in order to take the exam. He stated that, "he had taken NBME exams before sitting USMLE Step 1 and suggested to do more practice exams and questions before appearing



for USMLE". He also briefly explained the exam application process.

He mentioned that the USMLE exam is the hardest exam that a medical student comes across in his/her life. He then gave a detailed description of the pattern of USMLE exam. The USMLE exam is an eight (8) hours long exam. It consists of two hundred and eighty (280) questions with seven (7) blocks. Each block has 60-minute duration and a total of 45-minute break time. The session ended with a question and answer session. Theodore cleared all doubts the students had. The session ended with some encouraging words from Theodore who stated that, "students should be patient and be able to cope under stressful situations. It was an interesting and a highly useful session which helped the students to gain a lot of knowledge and the students were motivated by his words.

Submitted by Tulasi Bommanaboyen (1st Vice President of the Student Guild Association)



#### STUDENT GUILD ASSOCIATION

# (Capid (Cespanse (

Hello everyone,

am Jeevika Wilson, the 2nd Vice President of the Student Guild Association and the leader of the Rapid Response Club. We all Lat times find ourselves in emergency situations where we are in need of help. As such, it is important to learn first aid techniques to help people in emergency situations. The Rapid Response Club is designed to help students cater to these emergency situations. I have started this club with the help of Ms. Joyeth Brown. The first club session was held on November 13, 2021. The sessions will be delivered **RESPONSE CLUB** 



in both online and offline modality. The first session was entitled, "Introduction to Becoming a First Aider". There were eight (8) students in attendance to the first session.

The motto of the club is to 'PREVENT AND PROMOTE'. The principles of the club are to:

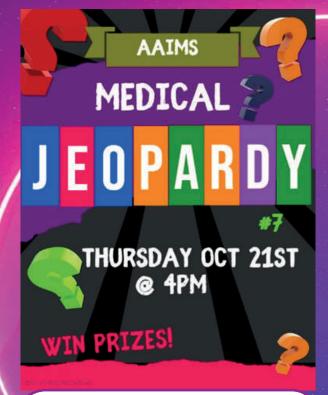
- □ Preserve life
- Prevent deterioration
- Promote recovery

All AAIMS students are free to join the Rapid Response Club. The club sessions will be held ten (10) times in each quarter. The main aim of the club is to teach students lifesaving skills and to create an easier pathway for students to earn their Basic Life Skills. Any student interested in becoming a part of this club are free to send an email to jeevika wilson@aaims.edu.im. Thank you for your support.



# MedicalEIPARIJ

Another game of Medical Jeopardy was held on Thursday, October 7, 2021 and on Thursday, October 21, 2021. The winners from both games are highlighted below!



## **OCTOBER 7, 2021 WINNERS**

### Team A - 2700 points

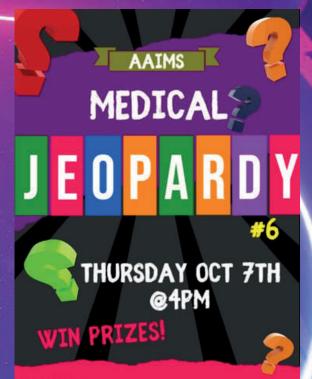
- Aafiz Anzar
- 2. Senthil Selvaraj
- 3. Ashwin Arulraj
- 4. Aparna Anu
- 5. Jayaseelan Jayaraj
- 6. Santhosh Selvakumaran

#### Team B - 2300 points

- 1. Sathya Shanmugam
- 2. Saipriya Sathiyamurthy
- 3. Jeevika Wilson
- 4. Ruba Balu
- 5. Suryaprakash Soundararajan
- 6. Malavi Mouli

## Team C – 800 points

1. Nyameche Solomon



## **OCTOBER 21, 2021 WINNERS**

### Team A - 1700 points

- 1. Hernika Ramakrishnan
- 2. Malavi Mouli
- 3. Shadma Inam
- 4. Nyameche Solomon
- 5. Gayathri Raji

#### Team B - 3200 points

- 1. Aafiz Anzar
- 2. Senthil Selvaraj
- 3. Ashwin Arulraj
- 4. Aparna Anu
- 5. Suryaprakash Soundarajan

### Team C - 1600 points

- 1. Saipriya Sathiamurthy
- 2. Jayaseelan Jayaraj
- 3. Santhosh Selvakumaran
- 4. Ruba Balu
- 5. Jeevika Wilson

## AAIMS Fun Avenue



#### 1. Drink more water

Every single cellular function in our body is in some way linked to our fluid levels: blood and cancer-fighting immune systems require water to flush out waste products away from cells and to transport nutrients and vital amino acids into them. Pay attention and notice your thirst – drink water on and off throughout the day to help keep your body at an optimum hydration level.

#### 2. Prioritise sleep

Although there's no simple answer as to what's the

'normal' amount of sleep, most adults should aim for between seven and nine hours a night. It's during sleep that your body restores, heals and strengthens itself both physically and mentally and a good sleep routine is important for good health.

#### 3. Eat a balanced diet

A balanced diet doesn't need to be difficult or complicated – the general key is to eat the right number of calories for how active you are. The average man needs around 2,500 calories a day and the average woman needs 2,000. Eat a wide range of foods to ensure you're getting balanced nutrition.

## 4. Exercise more and maintain a healthy weight

Eating a healthy, balanced diet plays a vital role in maintaining a healthy weight, which is an

important part of overall good health. Being overweight or obese can lead to health conditions such as Type 2 diabetes, certain cancers, heart disease, and stroke. Regular exercise and physical activity can help you to maintain a healthy weight.

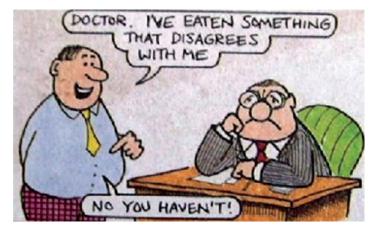
#### 5. Stop smoking

Giving up smoking is probably the greatest single step you can take to improve your health. About half of all smokers die from smoking-related diseases. If you are a long-term smoker, on average, your life expectancy is about 10 years less than a non-smoker and only about half of long-term smokers live past 70. The younger you are when you start smoking, the more likely you are to smoke for longer and to die early from smoking.



## JOKES! HAVE A LAUGH!

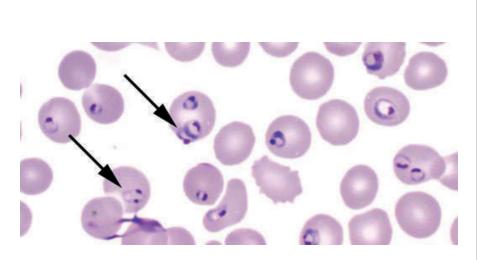


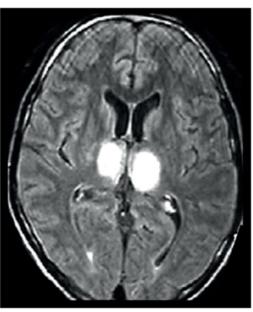




# Preclinical QUSIONS -

1. Ten days after a 21-year-old exchange student from Brazil returned to the United States (California), he sought evaluation for episodic fevers to 38.4oC and severe headaches. He was healthy, on no medications, and never had similar symptoms in the past. The physical examination was unremarkable except for a temperature of 38.2oC. As part of the evaluation, a blood smear and computed tomography scan of the head were obtained (see below). What is the most likely diagnosis?

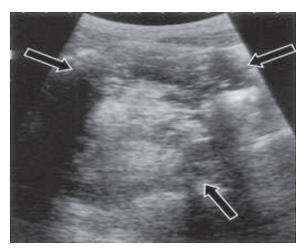


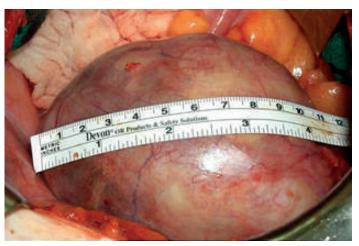


**ANSWER:** Plasmodium falciparum

**OVERVIEW:** Plasmodium falciparum is a protozoan that is transmitted to humans by Anopheles mosquitoes. Of the Plasmodium species, P. falciparum is the most virulent. The infective form, the sporozoites, develop into merozoites in the liver, which develop into trophozoites, schizonts, and gametocytes within erythrocytes. The erythrocyte phase of the life cycle is associated with the onset of symptoms. There are greater than 200 million infections with P. falciparum every year and nearly 500,000 deaths, the majority of which are in children less than 5 years of age. Two of the most common symptoms of P. falciparum infections include fevers and headaches. First-line treatment is artemisinin-based combination regimens.

2. A 28-year-old Gravida 3 Para 2103 (gravity = total number of pregnancies; parity = FPAL [full term, preterm, abortions, living children]) s/p a postpartum bilateral tubal ligation 4 years ago scheduled an appointment with her family physician for evaluation of abdominal swelling and early satiety during the past month. She is healthy and on no medications. Her mother's sister was diagnosed with ovarian cancer at 43 years of age. The physical examination was significant for a mobile, non-tender pelvic mass, the upper border of which reached the umbilicus. The CA-125 level was normal. A preoperative pelvic ultrasound and the surgical specimen are shown below. What is your diagnosis?



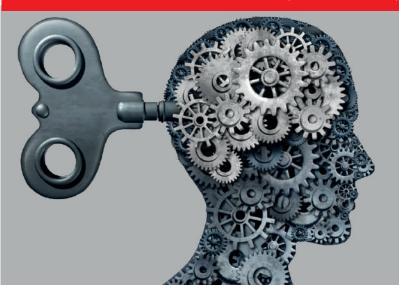




ANSWER: Benign, mature solid ovarian teratoma

**OVERVIEW:** *Teratomas* are germ cell tumors that consist of cell types from 1-3 of the germ layers (most often hair and teeth). Malignant transformation occurs in up to 3% of teratomas. These tumors have been shown to arise from a single germ cell after the first meiotic division. The most common complications of teratomas include ovarian torsion and rupture. Treatment is surgical—extirpation of the intact teratoma or unilateral oophorectomy.

## MHEMONICS



- 1. Virchow's triad SHE
- S Stasis of blood flow
- **H** Hyper coagulability
- E Endothelial injury
- 2. Amino acids necessary for purine synthesis (cats purr until they GAG):

Glycine Aspartate Glutamine

## lacturie Medical Education

**Development Initiative** Lecturio is a leading international

e-learning platform for medical video education, serving students as well as universities and medical institutions.

Dr. Peter Horneffer, the Executive Dean of the All American Institute of Black River, St. Elizabeth, has been instrumental in introducing this flipped-classroom approach to the curriculum.

It provides an advantage for medical students preparing for the USMLE and includes features such as: video lectures, extra reading material, and question banks with a wide range of MCQs. Video lectures are conducted by the professors in a simple and understandable format.

The extra reading material provided by Lecturio can be used for revision, as well as the questions, which are given after each video lecture. The question bank also provides video links for each question, so that students can learn from previous mistakes. This platform is a valuable asset for any aspiring medical student.

## What is Flipped learning?

## The Four Pillars of F-L-I-P™

F-Flexible Environment

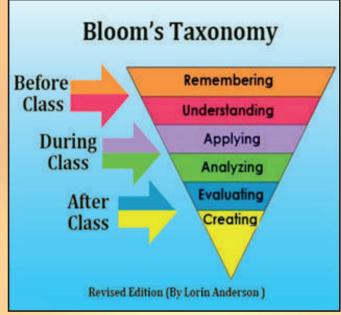
**L**-Learning Culture

I-Intentional Content

P-Professional Educator

Fitting with the revised Bloom's **Taxonomy** 

n traditional learning, lower level of learning such as remembering and understanding is happening in class, while students are usually left to work on activities that involve higher level of learning outside of classroom. However, in the flipped classroom model, learning is flipped. As you can see from the pyramid, students can finish the lower level of cognitive work before class. And when they come to class, they can engage in higher cognitive levels of learning with peers and teacher present.



https://omerad.msu.edu/teaching/teaching-strategies/27-teaching/162-

what-why-and-how-to-implement-a-flipped-classroom-model

https://cdn.vanderbilt.edu/vu-wpo/wp-content/uploads/
sites/59/2010/06/12092513/BloomsTaxonomy-mary-forehand.pdf

## REASONS TO USE CLINICALKEY STUDENT AS A LEARNING RESOURCE

ClinicalKey Student is an interactive education platform with a tremendous assessment capability that supports students and faculty by enhancing the learning experience with tools tailored to develop and assess the medical knowledge of aspiring professionals. The reasons to use ClinicalKey Student as a learning resource are outlined below:

- 1. It provides access to the most complete and trusted medical content through:
  - 200+ acclaimed textbooks covering 50 medical specialties, including Gray's Anatomy for Students and Medical Physiology
  - 1,500+ quick access summaries of common diseases and topics.
  - Access to 85,000 high resolution images, unlocked and discoverable for visual learning.
  - O Copyright cleared images
  - Access to 850+ videos ranging from practical demonstrations of anatomical dissections to instructional clinical examination examples.
  - Access to 4200+ questions (1,800 in basic science and in 2,400 clinical medicine).
- 2. It turns information in to knowledge by:
  - O Providing a personalized bookshelf.
  - Flashcard tools.
  - O Note-taking (with OneNote integration)

- and highlighting.
- O Sharing notes and learning with students around the globe.
- O Saving Faculty and student time through the use of the presentation maker tool.
- Enhancing lectures using copyright cleared images.
- O Study anywhere, anytime using the App (online & offline)
- O Text to Speech to learn on the go.

## 3. It improves the learning out comes of students as:

- O Students can self-assess at their own pace.
- O Get personalized feedback and benchmark themselves with their peers.
- O Students can customize their tests to focus on their weaknesses.
- O Students can access weak topics matched to additional learning resources (links to Foundation capabilities).

## 4. It gives faculty time back for teaching/research/practice as:

- Faculty can identify struggling students earlier by setting assignments.
- O Every question comes with in-line remediation, written and vetted by an Editorial Board.
- O There is instant access to data-driven insights to proactively pinpoint specific areas where students are weak.

## **ClinicalKey**® Student

**Author: Peter Brown** 

# "MAKE IT STICK" Liaborate by:

- ✓ Synthesizing ideas in your own words.
- ✓ Teaching them to someone else.

### Generate by-:

 Attempting to solve a problem before being shown the solution.
 Giving your best guess – then correct.

## Reflect on your learning experiences, by determining -:

- ✓ What went well
- ✓ What could have gone better

## Calibrate by-:

- ✓ Using tests to objectively and periodically gauge your level and progress.
- ✓ Treating calibrations like actual tests, do them don't skate over them.

#### **Use Mnemonics**

- ✓ Find or create mnemonic devices to learn information.
- ✓ Learn mnemonic systems to greatly increase your

## Be optimistic, as :-

✓ Learning needs striving, striving leads to setbacks and set-backs lead to learning.

## **Spaced Repetition by:-**

✓ Establishing a regular, low-stakes, selfquizzing schedule, by adjusting gaps from a few minutes, to a few days, to once a month.

## Interleaving by:-

✓ Studying more than one type of problem within a topic at a time and scattering new problem types throughout your practice schedule.

## REMINDERS & ANNOUNCEMENTS

## **UPDATES FROM THE OFFICE OF THE REGISTRY**

Basic Sciences Students - Registration for the October IBSCE & NBME IFOM 1 Examinations

Registration is open for the upcoming IBSCE & NBME IFOM 1 examinations, which are scheduled for the mornings of Monday, October 11, 2021, and October 29, 2021 respectively, as previously advised. Please read carefully ALL the notes below before proceeding with the registration link.

- 1. The October 2021 IBSCE and IFOM 1 examinations are MANDATORY for ALL Basic Sciences Students seeking to qualify for progression to Clerkships, and who have not yet passed an external comprehensive basic sciences examination. Please note further those students who score over 80% in the IBSCE will be eligible to take the USMLE Step 1, if they desire to do so.
- 2. The registration deadline is 10:00 a.m. Monday October 4, 2021. The registration form will be closed immediately thereafter as we have to upload the relevant information to the NBME within a specified time frame.
- 3. Note that the form may seem a bit long, however please bear with us as we are using this form to collect the specific mandatory student information required by the NBME, as well as other important student information for our registry records, and as well to enable us to improve our clerkship planning and service provision processes. Your cooperation is therefore expected, and will be greatly appreciated.
- 4. In completing the form please carefully read any notes/guidance given for the questions, and ensure to accurately comply. **This is very important.**
- 5. Please note that students who may receive special permission to do their IBSCE remotely, are fully responsible for ensuring their connectivity for the examination, which will be conducted as a 2-device examination.
- 6. The NBME Examination will be administered **ONLY** in a Face-to-Face modality, and at the Black River Campus **ONLY**, as per agreement with the NBME.
- 7. More detailed examination instructions will be issued next week.
- 8. Note that only students in good academic standing who are financially cleared by office closing hours on Friday October 8, 2021, will actually be allowed to do the IBSCE. Please ensure to connect with the Bursary Department at isheka.walters@aaims.edu.jm if you have any doubts or queries pertaining to your financial standing.

Thanks very much for your cooperation, and wishing you all the best in your studies.

## BASIC SCIENCES STUDENTS IBSCE/NBME REGISTRATION FORM:

https://forms.gle/2W4nJwVjM4nsHGvu9

Clerkship Students - Registration for the October IBSCE & NBME IFOM 1 Examinations

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- 7. More detailed exam instructions will be issued next week.

Thanks very much for your cooperation, and wishing you all the best in your studies.

## CLERKSHIP STUDENTS IBSCE REGISTRATION FORM:

https://forms.gle/NakA2HaQGDi4ushFA

## **Advisory from IT Department**

This is to advise everyone that in the afternoon on Monday, October 25, 2021 at approximately 12:30 PM, there will be maintenance work on our network server and currently servicing access points/LAN. So, staff and students will be noticing a drop in internet connectivity intermittently that will extend for three (3) hours. This work is expected to completed by Tuesday, October 26, 2021.

#### **Update from the Office of the Administrator**

Please be advised that the Fire Department will be visiting us on October 28, 2021 at 1.30pm to do a presentation on Fire Awareness and Safety. This activity is part of the observance of the 160th anniversary of the existence of the Fire Brigade in Jamaica. We look forward to your participation.

#### Update from the Office of the Dean, Basic Sciences

JAMCOPY (Jamaican Copyright Licencing Agency) will be hosting a Licencing Awareness Session for faculty members and administrative staff on Tuesday, October 26, 2021 at 11:00am. This is a mandatory session in accordance with the agreement signed between JAMCOPY and AAIMS. The session seeks to educate stakeholders about the licence and related copyright matters. All are invited to participate.

Kindly see the link below to register for the zoom session.

https://us06web.zoom.us/meeting/register/tZ0vfuirpzltGdVVBn388qHOTMgQqJmMSUV6

## **Update from the Student Services Department**

JAMCOPY (Jamaican Copyright Licencing Agency) will be hosting a Licencing Awareness Session for students on Friday, October 22, 2021 at 2:00pm. This is mandatory for all students in accordance with the agreement signed between JAMCOPY and AAIMS. The session seeks to educate students about the licence and related copyright matters. All students are expected to participate. Kindly see the link below to register for the zoom session.

https://us06web.zoom.us/meeting/register/tZMrcumsqzMjGtbAlbfxxKMKyUYkzJZDidwl





## AAIMS ACADEMIC CALENDAR (Pre-Clincal)

2021 QUARTER 4: September 27, 2021 - December 10, 2021

Activity	Date(s)
Pre-registration/New Student Orienation	Wednesday-Friday, September 22-24, 2021
First Day of Classes	Monday, September 27, 2021
IBSCE EXAM	Monday October 11, 2021
National Heroes' Day, Public Holiday	Monday, October 18, 2021
NBME IFOM1 EXAM	Friday, October 29, 2021
Mid Term Advisory Days	Thursday & Friday, November 4-5, 2021
Transitions to Clerkships Start	Monday, November 8, 2021
Transitions to Clerkships End	Friday, November 19, 2021
Clerkship Start for New Students	Monday, November 29, 2021
Last day of Classes	Friday, December 3, 2021
Coursework Grades Due	Friday, December 3, 2021
Graduation Day	Sunday, December 5, 2021
End Term Exams	Wednesday &Thursday, Dec 8-9, 2021
End Term Vacation Break (5 weeks)	December 11, 2021 - January 16, 2022
Next Quarter Begins	Monday, January 17, 2022



## AAIMS ACADEMIC CALENDAR

(Pre-Clinical)

2022 QUARTER 1: January 17, 2022 - April 1, 2022

Activity	Date(s)
Pre-Registration/New Student Orientation	Wednesday-Friday, Jan 12-14, 2022
First Day of Classes	Monday, Jan 17, 2022
IBSCE Exam	Monday, February 7, 2022
NBME IFOM 1 Exam	Friday, February 18, 2022
Mid-Term Advisory Days	Thursday & Friday, February 24-25, 2022
Transitions to Clerkships Start	Monday, February 28, 2022
Public Holiday, Ash Wednesday	Wednesday, March 2, 2022
Transitions to Clerkships Ends	Friday, March 11, 2022
Clerkships Start for New Students	Monday, March 21, 2022
Last day of Classes	Friday, March 25, 2022
Coursework Grade Submission Deadline	Friday, March 25, 2022
End Term Exams	Wednesday-Thursday, March 30-31, 2022
End Term Vacation Break (1 week)	April 2 - 10, 2022
Next Quarter Begins	Monday, April 11, 2022

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